



# The Animal Reiki Code of Ethics

DEVELOPED BY KATHLEEN PRASAD

## Guiding Principles:

- \* I believe animals are equal partners in the healing process.
- \* I honor animals as being not only my clients, but also my teachers in the journey of healing.
- \* I understand that all animals have physical, mental, emotional and spiritual aspects, to which Reiki can bring profound healing responses.
- \* I believe that bringing Reiki to the human/animal relationship is transformational to the human view of the animal kingdom.
- \* I dedicate myself to the virtues of humility, integrity, compassion and gratitude in my Reiki practice.

### In working on myself, I follow these practices:

- \* I incorporate the Five Reiki Precepts into my daily life and Reiki practice.
- \* I commit myself to a daily practice of self-healing and spiritual development so that I can be a clear and strong channel for healing energy.
- \* I nurture a belief in the sacred nature of all beings and in the value and depth of animal-kind as our partners on this planet.
- \* I listen to the wisdom of my heart, remembering that we are all One.

### In working with the animals, I follow these guidelines:

- \* I work in partnership with the animal.
- \* I always ask permission of the animal before beginning, and respect his or her decision to accept or refuse any treatment. I listen intuitively and observe the animal's body language in determining the response.
- \* I allow each animal to choose how to receive his or her treatment; thus each treatment could be a combination of hands-on, short distance and/or distant healing, depending on the animal's preference.
- \* I let go of my expectations about how the treatment should progress and/or how the animal should behave during the treatment, and simply trust Reiki.
- \* I accept the results of the treatment without judgment and with gratitude toward Reiki and the animal's openness and participation in the process.

### In working with the human companions of the animals, I will:

- \* Share information before the treatment about my healing philosophy, the Reiki healing system and

what to expect in a typical treatment, as well as possible outcomes, including the possibility of healing reactions.

- \* Provide a clear policy ahead of time regarding fees, length of treatment and cancellation policy, as well as "postponement" policy, should the animal not want the treatment that day.
- \* Never diagnose. I will always refer clients to a licensed veterinarian when appropriate.
- \* Honor the privacy of the animals and their human companions.
- \* Share intuition received during Reiki treatments, with compassion and humility, for the purpose of supporting their understanding of the healing process.
- \* Respect the human companion's right to choose the animal's healing journey, selecting the methods, both holistic and/or conventional that he or she deems most appropriate, with the support and advice of a trusted veterinarian.

### In working in the community, I hold the following goals:

- \* I model the values of partnership, compassion, humility, gentleness and gratitude in my life and with the animals, teaching by example.
- \* I work to create professional alliances and cooperative relationships with other Reiki practitioners/teachers, animal healthcare providers and animal welfare organizations in my community.
- \* I strive to educate my community in its understanding of the benefits of Reiki for animals.
- \* I continually educate myself to maintain and enhance my professional competence so that I uphold the integrity of the profession.
- \* I consider myself an ally to the veterinary and animal health community. I work to support their efforts in achieving animal wellness and balance. I honor other disciplines and their practitioners.

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